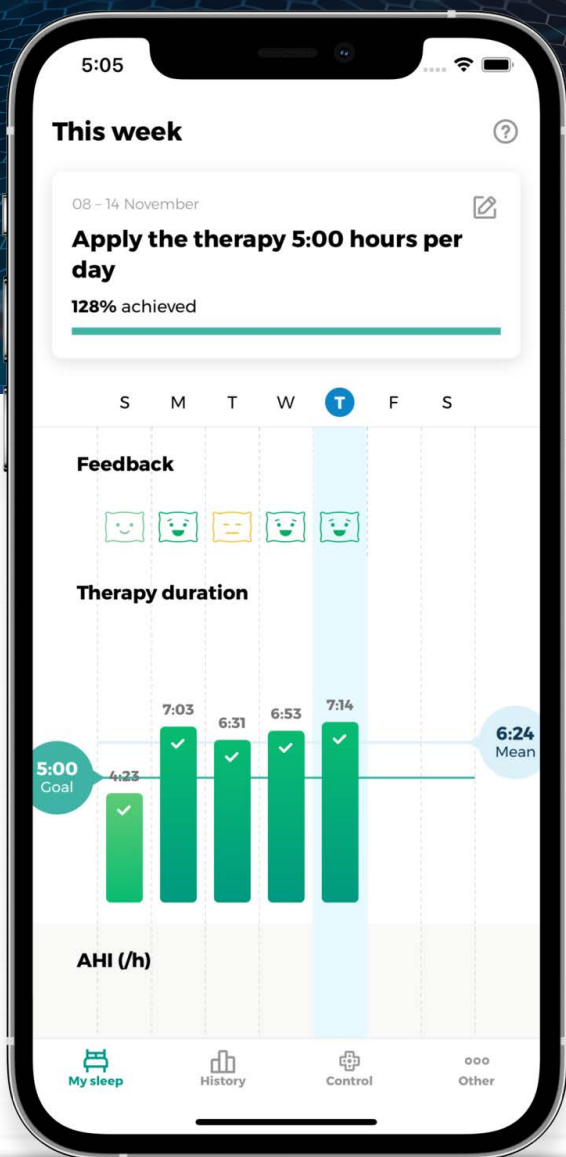




# PRISMA APP

TREATED. INFORMED. MOTIVATED.

The smartphone application for your Prisma device and a digital assistance tool to optimise your therapy.



GET IT ON  
**Google Play**



Download on the  
**App Store**



## FEATURES



Set your own therapy goals



Receive meaningful information about your progress



Open a therapy journal where you can generate personal reports



Share your data to your healthcare provider

### Supported languages:

- German
- English
- French
- Spanish
- Portuguese
- Italian
- Polish

### Compatible with:

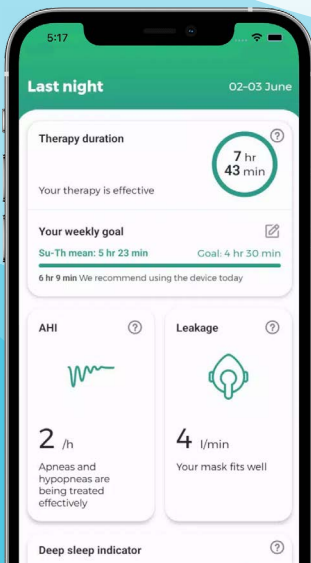


Prisma touch screen device with modem connected

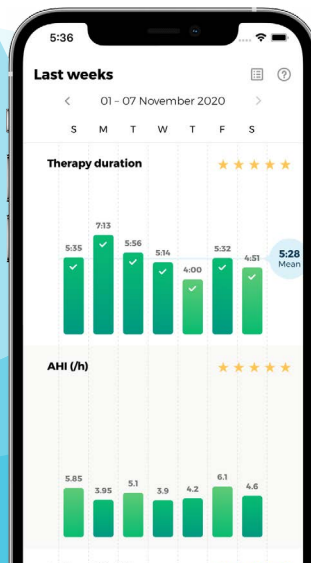


Prisma SMART and SOFT plus & max models

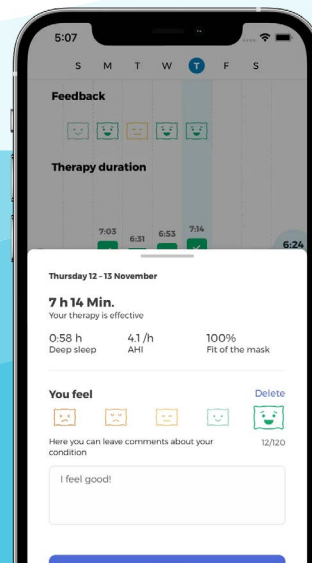
## See last night's statistics



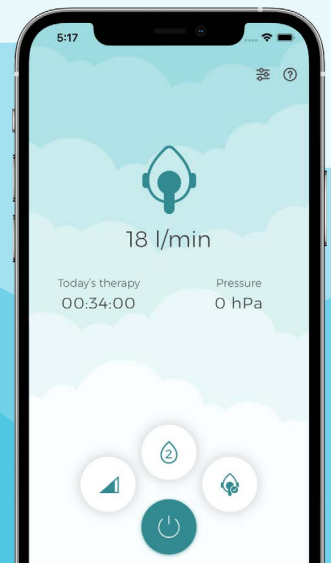
## See weekly Statistics



## Sleep diary and dream journal



## Control the device remotely



## RECOVER & RECUPERATE

You cycle through different stages of sleep during the night; keep an eye out for the **“Deep sleep indicator”** score on Prisma APP. Deep sleep is known for its restorative features. The body repairs and regrows tissue, builds bone and muscle, and strengthens the immune system whilst in this stage.

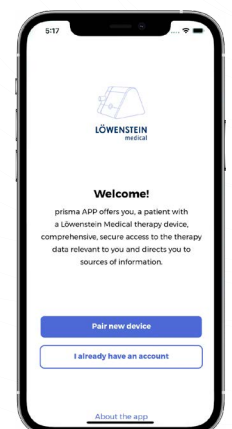
The deep sleep indicator analyses your breathing stability; this will not necessarily match to a fitness/wearable sleep tracker, as these mainly use heart rate and movement. Fundamentally, deep sleep is a state of brain activity, so these methods are not perfectly accurate.

The main thing is that an improvement in your own personal deep sleep indicator score means a more comfortable, stable sleep, which translates to real life improvements!



## EASY STEPS TO CONNECT

1. Simply open the APP and select **“Pair new device”**
2. The APP will step you through what to do next



Complete video series available for using the Prisma APP

